



American Heart Association®

**KIDS
HEART
CHALLENGE™**

**AMERICAN
HEART
CHALLENGE™**

Heart Hero



Tyson

Survivor, Grade 3

When Tyson was born, doctors discovered that the main arteries in his heart were switched, a condition called Transposition of the Great Arteries (TGA). He needed surgery right away to save his life. Even though he faced heart problems and blood clots, Tyson is now a healthy and active kid.

Tyson stays healthy by incorporating vegetables into his meals, drinking lots of water and staying active by climbing and playing sports. He feels grateful to feel well again and thinks everyone should join the Kids Heart Challenge/American Heart Challenge to learn healthy habits and lifesaving skills, while helping the American Heart Association save more lives.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.